

You or your relative have experienced a serious illness in the intensive care unit. A life-threatening illness leaves its mark on a person and their environment.

As a member of the European Patient and Family Advisory and Support Group (PAG), you can expect to play a pivotal role in representing the perspectives of patients and families dealing with life-threatening illnesses. This initiative is part of the EPIC project to improve public understanding of palliative care in intensive care.

- 1. SHARING EXPERIENCES:** This group is a safe place where you can share your personal experiences and insights in dealing with life-threatening illnesses. It is a place of mutual support and understanding. If you wish, we love to get into dialogue with you about your experiences in the intensive care unit, on how this experiences changed your perspective and what in your opinion, can make intensive care treatment better.
- 2. FOSTERING NEW IDEAS:** We encourage you to bring your ideas for improvements in palliative care and end-of-life support. Your suggestions are vital in shaping better care practices and support systems.
- 3. HANDS-ON DEVELOPMENT:** As a member of this group, we want to involve you in the creation of valuable resources such as information brochures, educational programme design and social media wording to share your experiences
- 4. EXPERTLY MODERATED MEETINGS:** Our sessions are led by experienced moderators. With their guidance and support, it should be possible to develop helpful results and materials for education, training and information dissemination
- 5. INTERNATIONAL AND INCLUSIVE:** Our group is proud to be international. We welcome members from all backgrounds. Translation services are provided to enable clear communication.

We would be delighted if you, as a patient or relative, could support this group with your personal experience of intensive care medicine and enrich our group activities. We look forward to your experiences and your contribution to humanising intensive care medicine together.

If you have any further questions or are interested, please contact us. We look forward to hearing from you!

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EUROPEAN PATIENT AND FAMILY ADVISORY AND SUPPORT GROUP (PAG)



EPIC
ENHANCING PALLIATIVE CARE
IN INTENSIVE CARE UNITS



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